

CGI Lunch Menu: Preschool

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 June 22-26	Breakfast: Cereal/ milk/ apples Snack: Pretzels No Camp, Family Fun Day	Breakfast: Pita/ cream cheese/ oranges Snack: Graham crackers Tuna Sliced Bread Israeli Salad Pineapple	Breakfast: Crackers, sliced cheese, bananas Snack: Animal cookies Mac & cheese, caesar salad, Watermelon	Breakfast: Muffins, strawberries Snack: Veggie straws Chicken, Rice, Cucumber Honeydew	Breakfast: Cereal/ milk/ Blueberries Snack: cookies Pizza, sliced apples
WEEK 2 June 29-July 3	Meatballs, Spaghetti, Cooked carrots Cantaloupe	Tilapia couscous, corn pineapple	Baked ziti, caesar salad, Watermelon	Shnitzel, Rice Cucumbers Honeydew	Pizza, sliced apples
WEEK 3 July 6-10	Meat Sauce, Rice , Peas Cantaloupe	Tuna Sliced Bread Israeli Salad Pineapple	Mac & cheese, caesar salad, Watermelon	Chicken, Rice, Cucumber Honeydew	Pizza, sliced apples
WEEK 4 (9 days) July 13-17	Meatballs, Spaghetti, Cooked carrots Cantaloupe	Shnitzel, Rice Cucumbers Honeydew	Baked ziti, caesar salad, Watermelon	Tilapia couscous, corn pineapple	Pizza, sliced apples
WEEK 5 (9 days) July 20-24	Baked ziti, Cucumber, Watermelon	Tuna Sliced Bread Israeli Salad Pineapple	Mac & cheese, caesar salad, Watermelon	NO CAMP Tisha Bav	Pizza, sliced apples
WEEK 6 July 27-July 31	Meat Sauce, Rice , Peas Cantaloupe	Tilapia couscous, corn pineapple	Baked ziti, caesar salad, Watermelon	Schnitzel Rice Cucumbers Honeydew	Pizza, sliced apples
WEEK 7 August 3-6	Meatballs, Spaghetti, Cooked carrots Cantaloupe	Tuna Sliced Bread Israeli Salad Pineapple	Mac & cheese, caesar salad, Watermelon	Pizza, sliced apples	NO CAMP