

# CGI Lunch Menu: Junior & PG

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 June 22-26	Morning snack: Granola bar/ fruit  No Camp, Camp Orientation	Rice cake & sliced cheese/ fruit  Pizza, sliced apples	Muffins/ fruit  Mac & cheese, caesar salad, fruit	Crackers & string cheese/fruit  Bread, turkey, salami, baby carrots, chips	Cereal & Milk/ fruit  Pizza, sliced apples
WEEK 2 June 29-July 3	Schnitzel fingers, rice, chips, avacado, cantaloupe	Bagel, tuna, cheese, cream cheese, cucumber	Baked ziti, caesar salad, watermelon	Sliced bread, turkey, salami, baby carrots, chips	Pizza, sliced apples
WEEK 3 July 6-10	Hamburgers, corn,chips, salsa cantaloupe	Bagel, tuna, cheese, cream cheese, cucumber  PG LATE NIGHT	Mac & cheese, caesar salad, watermelon	Sliced bread, turkey, salami, baby carrots, chips	Pizza, sliced apples
WEEK 4 (9 days) July 13-17	Hot dogs, corn, chips, avacado cantaloupe	Sliced bread, turkey, salami, baby carrots, chips	Baked ziti, caesar salad, watermelon	Bagel, tuna, cheese, cream cheese, cucumber & tomatoes	Pizza, sliced apples
WEEK 5 (9 days) July 20-24	Baked ziti, chips, avocado cantaloupe	Bagel, tuna, cheese, cream cheese, cucumber	Mac & cheese, caesar salad, watermelon	NO CAMP Tisha B'av	Pizza, sliced apples
WEEK 6 July 27-July 31	Schnitzel fingers, rice, chips, salsa cantaloupe	Bagel, tuna, cheese, cream cheese, cucumber	Baked ziti caesar salad, watermelon	Sliced bread, turkey, salami, baby carrots, chips	Pizza, sliced apples
WEEK 7 August 3-6	Sliced bread, turkey, salami, baby carrots	Bagel, tuna, sliced cheese or cream cheese, cucumbers, chips PG ORLANDO	Bagel, tuna, sliced cheese or cream cheese, cucumbers, chips PG ORLANDO	Pizza, sliced apples	NO CAMP