

CGI Lunch Menu: Preschool

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 June 23-27	Breakfast: Cereal/ milk/ apples Snack: Pretzels No Camp, Family Fun Day	Breakfast: Pita/ cream cheese/ oranges Snack: Graham crackers Mac & cheese, caesar salad, pineapple	Breakfast: Crackers, sliced cheese, bananas Snack: Animal cookies Tilapia couscous, corn Watermelon	Breakfast: Muffins, strawberries Snack: Veggie straws Chicken, Rice, Green Beans Honeydew	Breakfast: Cereal/ milk/ Blueberries Snack: cookies Pizza, sliced apples
WEEK 2 June 30-July 4	Meatballs, Spaghetti, Cooked carrots Cantaloupe	Tilapia couscous, corn pineapple	Pizza, caesar salad, Watermelon	Shnitzel, Rice Sliced Tomatoes & Cucumbers Honeydew	NO CAMP
WEEK 3 July 7-11	Meat Sauce, Rice , Peas Cantaloupe	Tuna Sliced Bread Israeli Salad Pineapple	Mac & cheese, caesar salad, Watermelon	Chicken, Rice, Green Beans Honeydew	Pizza, sliced apples
WEEK 4 July 14-18	Meatballs, Spaghetti, Cooked carrots Cantaloupe	Tilapia couscous, corn pineapple	Baked ziti, caesar salad, Watermelon	Shnitzel, Rice Sliced Tomatoes & Cucumbers Honeydew	Pizza, sliced apples
WEEK 5 July 21-25	Meat Sauce, Rice , Peas Cantaloupe	Tuna Sliced Bread Israeli Salad Pineapple	Mac & cheese, caesar salad, Watermelon	Chicken, Rice, Green Beans Honeydew	Pizza, sliced apples
WEEK 6 (9 days) July 28-Aug 1	Mac & Cheesei , chips, avacado Cantaloupe	Tilapia couscous, corn pineapple	Baked ziti, caesar salad, Watermelon	Tuna Sliced Bread Israeli Salad Honeydew	Pizza, sliced apples
WEEK 7 August 4-7	Meatballs, Spaghetti, Cooked carrots Cantaloupe	Tuna Sliced Bread Israeli Salad Pineapple	Mac & cheese, caesar salad, Watermelon	Pizza, sliced apples	NO CAMP