

CGI Lunch Menu: Junior & PG

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 June 23-27	Morning snack: Granola bar/ fruit No Camp, Family Fun Day	Rice cake & sliced cheese/ fruit Mac & cheese, caesar salad, fruit	Muffins/ fruit Fish sticks, couscous, corn Watermelon	Crackers & string cheese/fruit bread, turkey, salami, baby carrots, chips	Cereal & Milk/ fruit Pizza, sliced apples
WEEK 2 June 30-July 4	Schnitzel fingers, rice, chips, avacado, Canteloupe	Bagel, tuna, cheese, cream cheese, cucumber & tomatoes	Pizza, caesar salad, Watermelon	Sliced bread, turkey, salami, baby carrots, chips PG LATE NIGHT	NO CAMP
WEEK 3 July 7-11	Meat sauce, spaghetti, chips, salsa Canteloupe	Bagel, tuna, cheese, cream cheese, cucumber & tomatoes	Mac & cheese, caesar salad, Watermelon	Sliced bread, turkey, salami, baby carrots, chips	Pizza, sliced apples
WEEK 4 July 14-18	Hot dogs, corn, chips , avacado Canteloupe	Bagel, tuna, cheese, cream cheese, cucumber & tomatoes	Baked ziti, caesar salad, Watermelon	Sliced bread, turkey, salami, baby carrots, chips	Pizza, sliced apples
WEEK 5 July 21-25	Schnitzel fingers, rice, chips,salsa Canteloupe	Bagel, tuna, cheese, cream cheese, cucumber & tomatoes	Mac & cheese, caesar salad, Watermelon	Sliced bread, turkey, salami, baby carrots, chips	Pizza, sliced apples
WEEK 6 (9 days) July 28-Aug 1	Mac & Cheesei , chips, avacado Canteloupe	Bagel, tuna, cheese, cream cheese, cucumber & tomatoes	Baked Ziti caesar salad, Watermelon	Bagel, tuna, cheese, cream cheese, cucumber & tomatoes	Pizza, sliced apples
WEEK 7 August 4-7	Sliced bread, turkey, salami, baby carrots	Bagel, tuna, sliced cheese or cream cheese, cucumbers, chips PG ORLANDO	Bagel, tuna, sliced cheese or cream cheese, cucumbers, chips PG ORLANDO	Pizza, sliced apples	NO CAMP