

MENU

PRESCHOOL CAMP

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	CEREAL, MILK APPLE	CRACKERS & SLICED CHEESE	PITA & CREAM CHEESE	MUFFINS & BANANA	CEREAL & MILK
LUNCH	21 PASTA, MEAT SAUCE, SWEET POTATO FRIES, PINEAPPLE	22 BREADED FISH, COUCOUS, CORN ON THE COB	23 MAC & CHEESE, SLICED TOMATO & CUCUMBER, WATERMELON	24 CHICKEN, ROASTED POTATOES, SWEET PEAS, MELON	25 PIZZA, SLICED APPLES
LUNCH	28 SCHNITZEL FINGERS, RICE, SLICED VEGGIES, PINEAPPLE	29 TUNA, WHOLE WHEAT BREAD, ISRAELI SALAD, PINEAPPLE	30 BAKED ZITI, SLICED TOMATO & CUCUMBER, WATERMELON	1 MEATBALLS, STIR FRIED VEGGIES, RICE, MELON	2 PIZZA, SLICED APPLES
LUNCH	5 NO CAMP	6 BREADED FISH, COUCOUS, CORN ON THE COB	7 MAC & CHEESE, SLICED TOMATO & CUCUMBER, WATERMELON	8 CHICKEN, ROASTED POTATOES, SWEET PEAS, MELON	9 PIZZA, SLICED APPLES
LUNCH	12 BREADED FISH, COUCOUS, CORN ON THE COB	13 TUNA, WHOLE WHEAT BREAD, ISRAELI SALAD, PINEAPPLE	14 BAKED ZITI, SLICED TOMATO & CUCUMBER, WATERMELON	15 PITA, EGG SALAD, ISRAELI SALAD	16 PIZZA, SLICED APPLES
LUNCH	19 PASTA, MEAT SAUCE, SWEET POTATO FRIES, PINEAPPLE	20 BREADED FISH, COUCOUS, CORN ON THE COB	21 MAC & CHEESE, SLICED TOMATO & CUCUMBER, WATERMELON	22 MEATBALLS, STIR FRIED VEGGIES, RICE, MELON	23 PIZZA, SLICED APPLES
LUNCH	26 SCHNITZEL FINGERS, RICE, SLICED VEGGIES, PINEAPPLE	27 TUNA, WHOLE WHEAT BREAD, ISRAELI SALAD, PINEAPPLE	28 BAKED ZITI, SLICED TOMATO & CUCUMBER, WATERMELON	29 CHICKEN, ROASTED POTATOES, SWEET PEAS, MELON	30 PIZZA, SLICED APPLES
LUNCH	2 PASTA, MEAT SAUCE, SWEET POTATO FRIES, PINEAPPLE	3 BREADED FISH, COUCOUS, CORN ON THE COB	4 MAC & CHEESE, SLICED TOMATO & CUCUMBER, WATERMELON	5 MEATBALLS, STIR FRIED VEGGIES, RICE, MELON	6 PIZZA, SLICED APPLES

